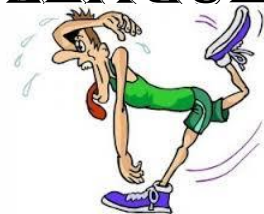


EAST ANGLIAN CROSS COUNTRY LEAGUE



EACCL

ENTRY FORM 2023/24



Individual Entry Form

1 - Name:	
2 - Date of Birth:	
3 - Contact mobile number:	
4 - Email address:	
5 - Emergency contact:	Name: _____ Contact number: _____
6 - Estimated completion time:	Are you on Facebook? Y / N
7 - Have you registered your parkrun barcode on EACCL website for race results purposes? Y/N	
8 - parkrun barcode number:	

Individual Entry League Fee £5 for season - Receipt required: Y / N

Payment method – Cash / Cheque / BACS

Please make cheques payable to: **East Anglian Cross Country League**

BACS payments to: East Anglian Cross Country League, account 44258534, sort code 01-06-28

League Treasurer: Chris Chorley, Contact: 07887571264

Email: chris.chorley@notadog.org.uk

Entry payments will be required prior to completing any of the EACCL events for the 2023/24 season

East Anglian Cross Country League - (EACCL). This is a Cross Country league run through the winter months at various locations across Norfolk and Suffolk. Originating as a forces league with events at various Army and RAF bases, this has now expanded to include local domestic running clubs.

The series is open to teams and individuals. The series consists of around ten races per season. This can vary per season depending on availability of clubs and venues.

Cost per season is £5 per individual. All payments are required prior to participation in any event. Please read and sign the declaration below. All runners participate at their own risk.

Mens' races are generally 10k and ladies' races are approx 5k. This does vary according to location and local landowners' permissions. All races start at 2:30pm, unless otherwise notified.

Declaration/Disclaimer: All participants entering these events do so entirely at their own risk. Participants under the age of 18 must have parental/guardian permission to participate. EACCL, Sponsors, Team organisers, venue owners and event staff take no liability for any injury, loss or incident resulting from these events. I will comply with all EACCL League rules as stated on the website. A signed entry form is acceptance of these conditions.

The East Anglian Cross Country League and Total Race Timing take the protection of the data that we hold about you as a member seriously and will do everything possible to ensure that data is collected, stored, processed, maintained, cleansed and retained in accordance with current and future UK data protection legislation.

Your Personal Information (including name, date of birth, team and parkrun identification) is used solely for the purposes of producing race results and will not be shared with any third parties.

Signature:..... Date:.....