# **2018 Summer Season**

## **September 5th - Marham - Race 3**

Another great day for our final race of the season. We all did the same route with the fast downhill into the village past the pizza shop. Singing a hard left off road and along the river (that you can't see :-) ). The lane drifts outwards then you turn right again along an open track. Then its another right tracing your way back to the pizza shop on another great trail parallel to the other one. Its a left at the end before popping back onto the road section. Last stretch is back up the lung busting hill. Fabulous. Thanks Ben and Marham also congratulations for the overall series win. Looking forward to next year.

[Race 3 results](https://eaccl.webs.com/Results/18.09.15-Summer%20race3%20%282%29.xlsx)

## **June 20th 2018 - Brandon Country Park - Race 2**

Well what a change from last year. A beautiful day at Brandon Country Park. Thanks you to Bobbie and Chris for a great route and race and a special mention to Bobbie's unique pre race briefing which we all look forward too. The course is a fabulous mixture of woodland, heath land, sandy climbs and great trails with the choice of 1 or 2 laps. Bobbie running as back marker making sure we all went the right way. The camaraderie between the runner in such as small field is fabulous with everyone hanging around in the sunshine until everyone was finished and chatting. Lovely. Thanks everyone. Enjoy the summer and see you in September for the final round in Marham.

## **May 30th 2018 - Cart Gap - Race 1**

What a beautiful day again for the first summer race. The tide was at its lowest but in just enough to get your feet wet a few times. We all actually managed to follow my dodgy course directions this time and all get to the same turning point before heading back. Its seemed a slog in the spongy sand at the far end and very warm with the wind behind you. A lovely afternoon though and Rodney's first cross country as a vet 80. Fabulous achievement and glad we were there to enjoy it with you.

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